**Orange Shirt Day**

**National Day for Truth and Reconciliation**

**September 30th**

September 30th is the National Day for Truth and Reconciliation, previously recognized as ***Orange Shirt Day****: Every Child Matters* – a day to witness and honour the healing journey of residential school survivors and their families. Approximately 150,000 Métis, Inuit and First Nations children attended Canadian residential schools between 1867 and 1996. Over 6,000 children are estimated to have died amid abuse and neglect (TRC).

Orange shirts commemorate [the story of Phyllis Webstad](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?v=EuW4WbekhxY___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5YTU0OmIyNzRmMmNkZGI2ODk0NTJiOTdhNmJjNjJiYzNlMjY4YjczNGZjNmVkNjA3MDAzMjE5YjBhOGE5ZjVkOGMxZmM6cDpUOkY), a residential school survivor who was stripped of her shiny new orange shirt when she attended residential school as a six-year-old child. In Phyllis’ words, “The color orange has always reminded me of that and how my feelings didn’t matter, how no one cared and how I felt like I was worth nothing.”

The federal government formalized September 30th as a national day to address the harm caused to Indigenous peoples by the residential school system and to advance reconciliation. September 30th is not seen as a day for celebration but rather one for reflection.

**What does reconciliation mean?**

The term ‘reconciliation’ often has different interpretations, but for the purposes of this guide, the Truth and Reconciliation Commission (TRC) of Canada refers to reconciliation as:

*An ongoing process of establishing and maintaining respectful relationships. A critical part of this process involves repairing damaged trust by making apologies, providing individual and collective reparations, and following through with concrete actions that demonstrate real societal change.*

In its simplest form, reconciliation is about Indigenous and non-Indigenous peoples coming to terms with the events of the past in a manner that rebuilds trust and respectful relationships. This will enable people to work out historical differences and build healthy relationships with a focus on bettering future generations in Canada. The Municipality of Kincardine is committed to meaningful discussion about the legacy of the residential school system, to affirm that Every Child Matters, and to further commit to reconciliation.

For more information about the work the Municipality of Kincardine is doing, and has done, around Truth and Reconciliation, visit [www.kincardine.ca/en/living-here/journey-to-reconciliation](https://protect.checkpoint.com/v2/r01/___http%3A//www.kincardine.ca/en/living-here/journey-to-reconciliation___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpiMTRmOjlhZjBhYjQxMDk2MDUyZDJmMWYwOWM0NmIwYTVlODA5MzMwY2Q5MGQ3NmQ2YmUxNjJiOGE0ZDgyMjUzNTNkZjE6cDpUOkY). You can also contact Lorie Fioze at 519-389-1857 or lfioze@kincardine.ca.

# Besides wearing orange what can you do to learn more?

## Some Ideas to Start or Further Your Journey to Reconciliation

* Read the TRC [reports](https://protect.checkpoint.com/v2/r01/___https%3A//nctr.ca/publications-and-reports/reports/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo2YmQ0OjE1ZWVlOTUyZTU2MWNhMDMzOTQ5N2NhNDFjMGRlOTMzY2Y1OTQ1NDUzZGFjYmMzYWJmNGJhMWEwNjQ0NDllODY6cDpUOkY), learn about the [94 Calls to Action](https://protect.checkpoint.com/v2/r01/___https%3A//nctr.ca/about/history-of-the-trc/truth-and-reconciliation-commission-of-canada-calls-to-action/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoyOGU4OjM0OGJlNGFmMDI4MjY1NDEyYTFjNjBhNDZkMDFlMjdmNWFjNzljNWNlOWVjNjM2MWI2NTQ2ZTkxNzczNTUyZDI6cDpUOkY), and [sign up](https://protect.checkpoint.com/v2/r01/___https%3A//nctr.ca/news-and-events/news/newsletter/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpkYzJhOmZlNTllZGUxN2I3YjBjM2ZjZDdlY2ZlMzU1ODBlMzc2ZjJlNDY2NzEyNjZmNzQ0YjFmYjg4NDcyMGZlYTg2MDM6cDpUOkY) for the TRC newsletter
* Sign up for a Woodland Cultural Centre [virtual tour](https://protect.checkpoint.com/v2/r01/___https%3A//woodlandculturalcentre.ca/mohawk-institute-residential-school-virtual-tour-now-available-online/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpmNmJmOjdkY2RiMzYzZmZiNGYzOTZjOTExMTUwZDRhMzczMTc3ZGNlYWNlNzQ2NTRjZGU2NzA1ZGIyMDIzNmNhM2JjZTM6cDpUOkY)
* Register for [virtual events](https://protect.checkpoint.com/v2/r01/___https%3A//nctr.ca/education/trw/general-public-schedule/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoyODZhOmVmOTFhMDgxMjY0MGQyMWMyODEwN2I0MzI0ZmNjZTc1NzY4ZjJjNWM3OGQyY2E4NDA2NTcyNTc3MTNhOWNhMmY6cDpUOkY) by the National Centre for Truth & Reconciliation
* Watch [the Society of United Professionals Interview](https://protect.checkpoint.com/v2/r01/___https%3A//www.thesociety.ca/society_interviews_bob_watts_for_the_day_truth_and_rec___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzowMGM4OjE1MDE5N2I5NDg5ZmIwNDdmNzM5MjQwMGI0NThkYjg5ZTc1MDI5YmZhZTFkODY2OTM0MGJjZjRhNTVmOTg0M2I6cDpUOkY#gsc.tab=0) with Bob Watts of the TRC
* Choose an action to take from the list of [150 Acts of Reconciliation](https://protect.checkpoint.com/v2/r01/___https%3A//activehistory.ca/2017/08/150-acts-of-reconciliation-for-the-last-150-days-of-canadas-150/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzozNjQzOmY4ODJhNjdlZWE2MTBjN2JhNTFmM2YxNjhkNzE5ZDk0MDE1ODlmNWZlM2ZiZmE4ZTk4MzYyNjU4ZDRhZGUzZGU6cDpUOkY)
* Learn with [Spirit Bear](https://protect.checkpoint.com/v2/r01/___https%3A//fncaringsociety.com/SpiritBear___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoyYWE0OmNhMjBjYWFmYTUzN2U4ZjlhM2IxYmYwY2MwNTUyNWM0YjFmZTczZWM3ODg2MzFhZjQ3MTI2NjAxNmIxOGM2ZTk6cDpUOkY) and visit the First Nations Child & Family Caring Society website for kid-friendly [Books & Learning Guides](https://protect.checkpoint.com/v2/r01/___https%3A//fncaringsociety.com/spirit-bear/books-learning-guides___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5MjBmOmNjNzFkYTUzYTY2NzUyZDc4ODUyYjdjM2M3NWNhNWU1ZDEyY2E4NWI3ZTQxYmU5MDEzN2JiYjQzNzY5M2Q0Yjg6cDpUOkY)
* Learn how to [talk with kids about residential schools](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?v=ebOJ_lMCVvk___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzozYjM1OjAwNWM1MTllNDAxZGNlZDljNTRmYzY3OThjOGQwNzBiNDQwYTlkMThiZGM4M2MxNGYyOWI2NjhjMDEyOTk3ZWU6cDpUOkY)
* Help get youth from kindergarten to grade 12 involved in [Imagine a Canada](https://protect.checkpoint.com/v2/r01/___https%3A//nctr.ca/education/educational-programs/imagine-a-canada/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoxYTUzOmM3ZmE0MDZiMTM2NzVjZjM0NTA5OGIyZDU5MzU2OGE0NGEzNDAxOThjNzM1YzkxMzUxYTRkNzUyZDU4NjJmMmE6cDpUOkY)
* Enroll in a [free course](https://protect.checkpoint.com/v2/r01/___https%3A//www.coursera.org/learn/indigenous-canada___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzphYTFmOjMzNmY3OTFhYjZhZDM2MTNhZTc3MDg3NDA3MTIxNzJkNmQ0MDRkN2E1NDA2YmU5ZDRiZjc3ZGEzMjJkMWNhNzA6cDpUOkY) through the University of Alberta
* Donate to or buy merchandise from the [Orange Shirt Society](https://protect.checkpoint.com/v2/r01/___https%3A//orangeshirtday.org/support/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzplMTIzOmQzMjc4YTJiZjE3NmJhMDRmYWY5MmYyNzM2NGViYmU2MjU2ZjFhZTRjYWMwYjA2Y2MzMmQzNWZmZmM5NDEzMWQ6cDpUOkY) to support their work
* Support Indigenous-owned businesses locally and online
* Read or listen to survivor stories through books, blogs, films, podcasts, and online videos
* Attend cultural events like powwows respectively as a guest on Indigenous lands
* Sign up for educational opportunities such as learning circles
* Start a book club and commit to regular group discussions
* Post a photo, reflection, or commitment on your personal social media sites
* Share resources at home with family and friends to continue your personal learning
* Check out any of the resources listed below to get you started and seek out other learning opportunities through your local public library, online resource hubs, Indigenous organization’s websites, social media, YouTube, and wherever you get your podcasts

**Videos**

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| --- | --- | --- | --- |
| **Title** | **Source** | **Producer** | **Length** |
| The Bruce: This three-part series explores the history of Bruce County and the Saugeen/Bruce Peninsula. | Watch [https://www.tvo.org/programs/the-bruce](https://protect.checkpoint.com/v2/r01/___https%3A//www.tvo.org/programs/the-bruce___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo0MGIxOmNhOTBmMjQyN2YyNmRjZTUxY2E3YzM2YzA1ZTZiNDFmNTFlOTI4MGIzYjAxN2YzOWVhYTllOWEyMTNkMWQyNzc6cDpUOkY) | TVO | Three part series – 53 minutes each  |
| Discovering the lives of Indigenous Children today  | [21 Indigenous children living in communities across Canada](https://protect.checkpoint.com/v2/r01/___https%3A//www.tvokids.com/school-age/ravens-quest-gr-1-3-social-studies___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo3ZDkyOmVkNDUyNzkxNjM5MzQ0MDVjYTNhNjE0MWFmNDdhYmQ0M2NjMGI5ZmE2NWJjMGM4ZTE4ZDAwMWZlYjkwOTJkOTM6cDpUOkY) | **TVO Kids** | Various lengths  |
| Indigenous Voices and reconciliation  | [National Film Board – Indigenous Voices and Reconciliation](https://protect.checkpoint.com/v2/r01/___https%3A//www.nfb.ca/channels/edu_home_indigenous_voices_reconciliation_en/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpjMGVmOmFlNmRlZGQxNzUyZTFhYmFkYzk5OTBmZTM0Mzg5ZDlmY2IxZjY2OTQ4OTZjZWVlNzk4YTA4ZTRmYjE3YjMwOWY6cDpUOkY) | National film board | Various lengths  |
| Phyllis Webstad Orange Shirt Day Presentation | Watch on [YouTube](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?v=EuW4WbekhxY___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5YTU0OmIyNzRmMmNkZGI2ODk0NTJiOTdhNmJjNjJiYzNlMjY4YjczNGZjNmVkNjA3MDAzMjE5YjBhOGE5ZjVkOGMxZmM6cDpUOkY) | Orange Shirt Society | 7 minutes |
| Senator Murray Sinclair: What is Reconciliation? | Watch on [YouTube](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?app=desktop&v=swo9flbACho___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpjZTg0OjYyMzAwNmZhMDYxY2YxNGI4MjVmZGYyZjYzNGQ2ZDFhMDI5NzczMzZhMDRlYTc1YjEwNzJmNjMwMzcxMTJiZmU6cDpUOkY) | Truth & Reconciliation Commission  | 3 minutes |
| Reconciliation is Dead by Lori Campbell | Watch on [YouTube](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?v=ZomGTHKMLaw___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzozNmU2OmQ3MDcxYWMzZmI0ZmVhOWJlMDMyYTY2ZDIzMzEzZmY0MDJkOTJhMmEyZDg1NmY5MTFlNGU0YWI5NDVkZWJiMDA6cDpUOkY) | TEDx KitchenerED | 10 minutes |
| What non-Indigenous Canadians need to know | Watch on [YouTube](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?v=b1E-3Hb1-WA___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5OTY2OjBiOGYxMWVjNTczZTIxZDQzOTAxZjM2OThlY2E3MjJkYmMwYThkNjJhZjg5ODQ3Y2I0YzI4ODA3MDRhMGM5OGY6cDpUOkY) | TVO | 5 minutes |
| Survivor Panel on Missing Children | Watch on [YouTube](https://protect.checkpoint.com/v2/r01/___https%3A//www.youtube.com/watch?v=UsZnaP5sWYs___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo2NzAwOmI2MzIwMjNlNWRlNzBkNWU5ZTJlYTA5Zjg1NmZiZjE4ZmM4YTAzNGZmNmVlOTE1YWFjNTIyOTZmOGUwM2U5MTg6cDpUOkY) | National Centre for Truth and Reconciliation | 2 hours |
| We Were Children | [Rent](https://protect.checkpoint.com/v2/r01/___https%3A//www.nfb.ca/film/we_were_children/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoyOGNmOmZhOWNmYzZkNmJjNGE3ZTUzOTFjY2I5YjI5MzQ0NWYwN2Q2YmU2ZDUyYjBiNDk2ZmYzNTAyMmM3MzVhZmEwZTQ6cDpUOkY) online  | National Film Board | 1 hour 23 minutes |
| The Walk a Mile Film Project | [Borrow](https://protect.checkpoint.com/v2/r01/___https%3A//www.commonword.ca/ResourceView/82/17749___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpiMWRkOjc1YTJiMDc1MDRiMzY1ZjQ0ZWEwMDI4Y2Y1MjNiNGMzMGMyNGIwOWNmZDBkMjk5OGI5YjFkYWU2YmFmMGU0NDQ6cDpUOkY) by mail | CommonWord  | 1 hour 8 minutes |
| We can’t make the same mistake twice | [Stream](https://protect.checkpoint.com/v2/r01/___https%3A//www.nfb.ca/film/we_can_t_make_the_same_mistake_twice/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoyZmJlOjNlYWQxNDQ5MWMzNmIxZGIwMzM3ZDEzNTI2YjBmZjhmYzY4YTI2YjhjNGQwNDU0OTVmYmNiODc4NDg4OWIwM2I6cDpUOkY) online | National Film Board | 2 hours 43 minutes |
| ConnectR Video Library | [Stream online](https://protect.checkpoint.com/v2/r01/___https%3A//www.beaconnectr.org/category/theme/watch/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5YmQzOmIwYWIxMjZlZGRhMWY5NmU2Yjk2YmI3MjVlZGU0NmIwZDA4NzhlYWU4MzdlZjI0MWU3ZDI1ZjNhZGYwZmVkZjg6cDpUOkY)  | Various | Various |
| Indigenous Film Catalogue (Various films) | [Stream online](https://protect.checkpoint.com/v2/r01/___https%3A//www.reelcanada.ca/indigenous-made-films/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo3MDM5OmExY2MwMDRiOTg2OWE2N2I4MTU1ZTE3OGVlYjI4YjdkNDZkOWRiYmNlY2E3MmYzOGJmYjc1OTZjNjBkM2UzMjU6cDpUOkY) | Various | Various |

**Books**

|  |  |
| --- | --- |
| **Title** | **Author** |
| The Inconvenient Indian: A Curious Account of Native People in North America | Thomas King  |
| Unsettling Canada | Arthur Manuel |
| The Reconciliation Manifesto: Recovering the Land Rebuilding the Economy  | Arthur Manuel |
| Thinking in Indian: A John Mohawk Reader | John Mohawk |
| We share our matters | Rick Monture |
| And Grandma Said...Iroquois Teachings, as passed down through the oral tradition | Tom Porter |
| Seven Fallen Feathers  | Tanya Talaga |
| Indigenous Writes: A guide to First Nations, Métis & Inuit Issues in Canada | Chelsea Vowel |
| A reconciliation reading list: 15 must read books | [Various](https://protect.checkpoint.com/v2/r01/___https%3A//www.cbc.ca/books/a-reconciliation-reading-list-15-must-read-books-1.4129333___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzozNzI1OmRmODg1MDU3NjdmN2M5ZjEzOGIwNmY2NjZlZWYwYjY3YjRkM2Q0ZGQ3YjJlMzZmZmNlMmJjZTcyYWU1NmU2YmE6cDpUOkY) |
| River Woman  | Katherena Vermette |
| In My Own Moccasins   | Helen Knott |
| If I Go Missing | Brianna Jonnie with Nahanni Shingoose |
| A mind spread out on the ground | Alicia Elliot |
| Five Little Indians  | Michelle Good |

**Podcasts**

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| --- | --- | --- |
| **Title** | **Host/creator** | **Availability** |
| One Dish One Mic | Sean VanderKlis and Karl Dockstader | [Listen live](https://protect.checkpoint.com/v2/r01/___http%3A//1dish1mic.com/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo0NDNhOjRlNTQ5ODk4OTg3ZWVkNzk3MjAzMTcxZmZiZWZhOGQ1MDkxZDNhM2YyN2JiODBhZjJjMWRiODZiZWMyMDZjZDY6cDpUOkY) |
| Residential Schools | Shaneen Robinson-Desjarlais for Historica Britannica | [Apple](https://protect.checkpoint.com/v2/r01/___https%3A//podcasts.apple.com/ca/podcast/residential-schools/id1499122039___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzphODNiOjZjMjI2MjEwZTAwY2Y2NTAyZjcwMjhmZTI1NDBjYTAzNThlZjE3NWYzYzAwZmU1NWUxZTk0NWZhYzY4MzY0MGI6cDpUOkY) or [Spotify](https://protect.checkpoint.com/v2/r01/___https%3A//open.spotify.com/show/127UKPIyiwbADySuYV26qK?si=3x2KRo4kS1u-vSEfVKlQHg&dl_branch=1___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpmYmVmOjFiYmJmOWYxZDZkNzQ5ZmU2M2FmMzZiMzhiY2I1ZDc3NTcwNmQzMjRiZDBkZTg4NTAyOTYyNjRmMWQyNDAwYzc6cDpUOkY) |
| Still Here Still Healing | Jade Roberts | [Apple](https://protect.checkpoint.com/v2/r01/___https%3A//podcasts.apple.com/ca/podcast/still-here-still-healing/id1461722951___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzplOGM3OmVkMGJjMTEyMGU3MjZkM2IzMmEzNGU4MTM4MzZiY2U0ZTVhOTg2M2M1YzAzYTdkZGI1NjQ5NTA1ZTEyMjAyMmQ6cDpUOkY) or [Spotify](https://protect.checkpoint.com/v2/r01/___https%3A//open.spotify.com/show/45Jt1fAfmq1jMtBM5ZQBHU?si=J_n3W2PJSVWpZMhBUq5Xvw&dl_branch=1___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoxMzFhOjZjMDBmYmQyNjI3MTNiNDk1OTY2NmQ0MTNiZmQyY2Q2OGIwNjcyYTEwOTBiYTBjYzhiZDk5MDk5M2EyMzZjNTI6cDpUOkY) |
| Unreserved | Rosanna Deerchild | [CBC Listen](https://protect.checkpoint.com/v2/r01/___https%3A//www.cbc.ca/listen/live-radio/1-105-unreserved?cmp=DM_SEM_Listen_Titles___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpjMGU5OjA3YzhjNDY0MWI1N2Y5ZGEyNjBjMDJhOWIxYzE0YjhjMzM5NjBiOTM3NzZlN2IyYWZlZDJjYTFhYTYwOWFjYmU6cDpUOkY) |
| Warrior Life | Pam Palmater | [SoundCloud](https://protect.checkpoint.com/v2/r01/___https%3A//soundcloud.com/pampalmater___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoxZjllOmZiMTE1OTI0ZjkwOTI3MzlmNzlhYWZiNjA3ODUwNjg4YzRjMDQ1MzY0ZmI4ODkzZTIyMmMzM2YzYzEwYjdlMmM6cDpUOkY) |
| 7 Indigenous-themed podcasts | Various | [CBC Listen](https://protect.checkpoint.com/v2/r01/___https%3A//www.cbc.ca/news/canada/podcasts-cbc-listen-national-indigenous-history-month-1.6076495___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5OWZmOjhkMTlkNjJkYjU1NzY1OGQ3OWU4MzkxZTg3ODQ1YTEyY2UwMTNhMDllNjE2NTJhY2MyZTUzNWFhM2Q5MjVhYmE6cDpUOkY) |

**Websites**

Saugeen Ojibway Nation: [https://www.saugeenojibwaynation.ca/](https://protect.checkpoint.com/v2/r01/___https%3A//www.saugeenojibwaynation.ca/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo2MDY1OjhhM2NhNDQ4ZGNjN2YzMGU4NGVhZTAwZTAyOGViOTJhYzVjZDM2ZjI3NjYxNThiNTIyZDI4ODVlMDExMTkwM2U6cDpUOkY)

Saugeen First Nation [https://saugeenfirstnation.ca/](https://protect.checkpoint.com/v2/r01/___https%3A//saugeenfirstnation.ca/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo4Zjk4OjRkZjRmZmRkMDdjZWY1NzIzNmFhNzc5MGUyOTlmOTEyYzVkY2VmN2RlZTZhZTkzM2MzMzkxZTA1MmRhOGFjM2E6cDpUOkY)

Chippewas of Nawash Unceded First Nation [https://www.nawash.ca/](https://protect.checkpoint.com/v2/r01/___https%3A//www.nawash.ca/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoxNzA5OjBmOTgxNDQ1MWE3YjI2ZjE2Mjc0NjBkYmZkNjM4YjEzN2YxYzYzYzQ1MWEzMmMxODBjM2JkYjUzYmYwMzNmNzk6cDpUOkY)

Truth and Reconciliation Commission of Canada[**https://www.rcaanc-cirnac.gc.ca/eng/1450124405592/1529106060525**](https://protect.checkpoint.com/v2/r01/___https%3A//www.rcaanc-cirnac.gc.ca/eng/1450124405592/1529106060525___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzphOWQzOjBhNmIyNzNmMzc1ZTYyNTUwMWRjNjEwNGRlY2E5ZjQ2NDcyYzk2NzU2ODkxZWZiNzUzMDdkMDMwYzQ5MDcxODA6cDpUOkY)

National Centre for Truth and Reconciliation[**https://nctr.ca/**](https://protect.checkpoint.com/v2/r01/___https%3A//nctr.ca/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo1NWI4Ojg1ODE2YTJkOGQ1N2RjYjQxN2YzYjNiOGZjZmJmYmI4YzkxYmJlYWRiMzRhYzE0Mjk1MDk1ODRlOTk1MmJkYzU6cDpUOkY)

UN Declaration on the rights of Indigenous Peoples (UNDRIP) [unesco.org](https://protect.checkpoint.com/v2/r01/___https%3A//en.unesco.org/indigenous-peoples/undrip___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo3YWJiOjNjMTk3OGUzNzYxYTllODk3YjQxZWIzMGI0ZWI1Y2M5ZTZiOWFmZWNiMGUxNTA5MjBhN2ViOTFkZjYzNzA5NjA6cDpUOkY)

21 Things you may not of known about the Indian Act[https://www.ictinc.ca/blog/21-things-you-may-not-have-known-about-the-indian-act-](https://protect.checkpoint.com/v2/r01/___https%3A//www.ictinc.ca/blog/21-things-you-may-not-have-known-about-the-indian-act-___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpmOTM1OjkyY2I0ZGM0NjY1Y2MxNTMxNmYxNzY2Y2U4ZjQ4YmU2NTY5MjFkNWNmYmE1NTE0NzZjZTFjM2M5MmM3ZjgyZjg6cDpUOkY)

## Social media accounts to follow

|  |  |
| --- | --- |
| **Instagram** | **Facebook** |
| * [Woodland Cultural Centre](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/woodlandculturalcentre___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpjZmQxOmQxMTBjMDU2OTU5ZDI2ZTBhMWVkMDg0ODQ1N2NkOTM1YzA2ZGQwZjkyY2Y0NGFlOTQ3OGI5Zjc4NjAxNzBmOGI6cDpUOkY)
* [National Centre for Truth & Reconciliation Education Centre](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/nctr_um/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo2Y2E0OmQ5M2UwMTQ2MmRjNGZjYzNmNjE3MWNmNjM0MDA3NTcwZTdhNmViZjMwYmIwNjYyZDhhMzc1ODMyZWNhZGE4Nzg6cDpUOkY)
* [CBC Indigenous](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/cbcindigenous/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo2N2NmOmU2NjcwYjI5MThhODc1OGJkZGZkZTAwMTRiMmI5M2QxNWZjNDhlZWVjNzQ4NDhkOThkNzc2NzQ2NzY0NWUyY2Q6cDpUOkY)
* [ConnectR Reconciliation](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/beaconnectr/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo1MzA0OjZiMDdhMzVlZGE1MTRmMDQxNmE4M2YwOTI0MGIzMGQxM2VhOWE0YWYzNmRmMTg2Zjk3ZGI1MjA2ZWIzNTJkZTk6cDpUOkY)
* [Mississaugas of the Credit FN](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/mcfirstnation/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo5MjVmOmZhZjM3NmVmODAxMzk2MjM3Mjg4Yzg3OWU1ODgxYjUyZmQ1NjBlZTE4ODQ2ZWFiMmQyMjNiNzU4NTQ5YmJiMWU6cDpUOkY)
* [Pass the Feather Indigenous](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/pass_the_feather_indigenous/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo4ZmEyOjEzOWViNDM4ZGE1MTk4NzY4MWIwOTc1YmVjYjE3ZTBkMmVmZmJlZGFjY2UxODlhOTZlZDcyZGY1MzNjMDcyMTA6cDpUOkY)
* [Nishnawbe Aski Nation](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/nishnawbe_askination/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoxNmM4OjA5MWNkZGI1NzVlOTVlZjhhZTY0MmIzYWE5ZDhkM2Q5MzY5ZmJhYjlmMWQ0ODdkMTgyNWEwOGZjN2RkNGNjZTM6cDpUOkY)
* [She is Indigenous](https://protect.checkpoint.com/v2/r01/___https%3A//www.instagram.com/sheisindigenous/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzplZTEwOmIyNDU1OGQxMzkxODFlMjMyYTFlNDI5ZjViYTg2MDdlMGZhZGEyN2EzMzQ4ZjE3ZjQ0MTM0YWE2MjY5ZTE2ZmM6cDpUOkY)
 | * [Woodland Cultural Centre](https://protect.checkpoint.com/v2/r01/___https%3A//www.facebook.com/WoodlandCulturalCentre___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzowN2QwOmIzODUyNjhiNTEwMjM2ZTk1N2RjMTcxNWNkZTI1NGM4YTUyNTg2YTU3MGZlNmJmZGI3OTdkZGY5MjNlYjYyNTQ6cDpUOkY)
* [National Centre for Truth & Reconciliation](https://protect.checkpoint.com/v2/r01/___https%3A//www.facebook.com/nctr.ca___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzoyYWI3OjEyMGQwODQzZTA2YjJkODk3YTA4MDUyOTU1MjViNjYwZTljYzg4ODdmNzdiNTY1Y2M0ZWY5NTAxODM0NTM3YjA6cDpUOkY)
* [CBC Indigenous](https://protect.checkpoint.com/v2/r01/___https%3A//www.facebook.com/CBC.caIndigenous/___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6Nzo4NTc3Ojc4NmQ4ZGNiMjRiYzFkODViZjQ4M2Y4NzI3YzI5M2YxMGVjNjFjNmMwZGQyZDk1YjE5YjYzZGNkODViMTIwMTM6cDpUOkY)
* [Ontario Federation of Indigenous Friendship Centres](https://protect.checkpoint.com/v2/r01/___https%3A//www.facebook.com/TheOFIFC___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpjYTNlOjc1YThiNmI1Njk1ODI3NzZjOWRkZDQ4NDc1OWU4ZjI0OGEwMDU1ODUzODkxNzRmYWQ2ZTgyNzA3ZGFjMjFjN2I6cDpUOkY)
* [Southwest Ontario Aboriginal Health Access Centre](https://protect.checkpoint.com/v2/r01/___https%3A//www.facebook.com/soahac___.YzJ1Om11bmljaXBhbGl0eW9ma2luY2FyZGluZTpjOm86ZTRiN2E0MmZlMWMzNDYwOTE5NzQxOGFmODlhZTAxZWY6NzpmMGUxOmY4M2MyYmQ2Nzk2YjM1Nzc5NGYxOWZhYzg4MDJkYjQwZjVkNThhOGYyNWRkZjM3OTkxOWViMTI0MzI0ZDQzMDM6cDpUOkY)
 |