

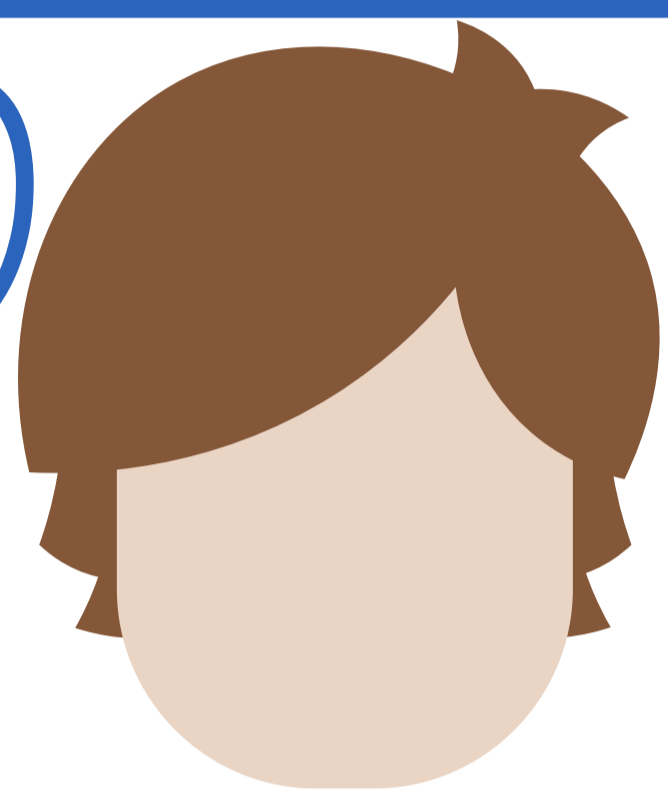


RECONCILIATION

WHERE WILL YOU START?

Reconciliation is about exploring the past and choosing to build a better future. Many people do not know where to start in this overwhelming process. This quick graphic is meant to be a general guide to help people find where to start the conversation. Reconciliation is about understanding each other, building trust, and creating a better future for us all. We are all Treaty people and we all have a role in reconciliation.

HEAD



The Truth and Reconciliation Commission asks Canadians to acknowledge and understand our collective past as a way to understand the present and move us towards a stronger and healthier future.

A starting point for Reconciliation is to get informed!

Next Steps:

- Read a book, look online, or chat with people about reconciliation!
- Read the 94 TRC Calls to Action
- Attend an event in your community. This is a great way to connect, listen, and learn with your local community.
- Go online! You can also find various resources online at otc.ca. You can also stay current on Twitter, Facebook, or by sign up to our newsletter.

HEART



In order for authentic reconciliation to begin, you must truly understand and feel that reconciliation is important and needed in Canada.

How do you feel about Reconciliation?

Next Steps:

- Look within your heart and write down all the reasons why you personally believe in reconciliation?
- Connect and listen to stories from Elders and community members to understand reconciliation from another perspective.
- Give students, colleagues, and family opportunities to share their feelings on reconciliation.
- Ask yourself what successful reconciliation will look like in a generation.

HAND



Reconciliation is a process, not an ending point. When Treaties were signed the handshake was an important symbol noting that they agreed to live together for mutual benefit.

Reconciliation: It's time to act!

Next Steps:

- Reconciliation is about small and big steps to making change. Think about what you can do today.
 - Make a list of ways in which you can move on reconciliation both personally and within the various communities in your life
 - Be an ally and support others who are making change! Make relationships in your community
 - Get started! Be humble, listen but don't be afraid.
- Stay current on twitter and faceook

 **Office of the
Treaty Commissioner**