



THE MUNICIPALITY OF

KINCARDINE

great energy. balanced life.

## GRAB & GO BAG

If you have to immediately leave your home after a disaster you need a Grab-n-go bag to see you through the next 12-24 hours. It should be personalized for each member of your family, including infants. Store your supplies in a backpack so you are free to carry other items, hold a child's hand or assist someone else. Consider what you can comfortably carry. Check out <http://www.kincardine.net/index.cfm> for more information on preparedness. **Remember to always take your cell phone with you.**



- |  |   |
|--|---|
| <input type="checkbox"/> Food ( <i>ready to eat</i> )                                  | <input type="checkbox"/> Personal toiletries                        |
| <input type="checkbox"/> Bottled water   | <input type="checkbox"/> Book/game/toys                             |
| <input type="checkbox"/> Flashlights ( <i>consider a headlamp to keep hands free</i> ) | <input type="checkbox"/> Small first aid kit                        |
| <input type="checkbox"/> Am/Fm Radio (battery powered or crank)                        | <input type="checkbox"/> Extra pair of eye glasses                  |
| <input type="checkbox"/> Batteries for flashlight and radio                            | <input type="checkbox"/> Emergency cash in small denominations      |
| <input type="checkbox"/> Medications   | <input type="checkbox"/> Local map                                  |
| <input type="checkbox"/> Extra clothes ( <i>think season</i> )                         | <input type="checkbox"/> Whistle                                    |
| <input type="checkbox"/> Emergency blanket and poncho                                  | <input type="checkbox"/> Out of area contact card                   |
| <input type="checkbox"/> Pen and small notepad   | <input type="checkbox"/> Copy of important documents, pictures etc. |
| <input type="checkbox"/> Extra cell phone charger                                      | (Consider using a USB drive or external hard drive)                 |

## Pet Grab and Go Bag

- Portable kennel or cage (which can be used to store all pet supplies)
- Food
- Water
- Plastic bags to collect and dispose of wastes
- Food and water dishes
- Pet toys and treats
- Collar, chain, leash or harness
- Pet health and vaccination records
- Blanket
- Picture of your pet
- Copies of important documents such as pet care, pet vaccines etc.