



# Orange Shirt Day National Day for Truth and Reconciliation

**September 30, 2022**

September 30<sup>th</sup> is the first National Day for Truth and Reconciliation. In previous years, this date has been recognized as *Orange Shirt Day: Every Child Matters*, a day to witness and honour the healing journey of residential school survivors and their families. Approximately 150,000 Métis, Inuit and First Nations children attended Canadian residential schools between the 1860s and the 1990s, 6,000 are estimated to have died amid abuse and neglect (Canada's Truth and Reconciliation Commission).

Orange shirts commemorate [the story of Phyllis Webstad](#), a residential school survivor who was stripped of her shiny new orange shirt when she attended residential school as a six-year-old child. In Phyllis' words, "The color orange has always reminded me of that and how my feelings didn't matter, how no one cared and how I felt like I was worth nothing."

The federal government formalized September 30<sup>th</sup> as a national day to address the harm caused to Indigenous peoples by the residential school system and to advance reconciliation. September 30<sup>th</sup> is not seen as a day for celebration but rather one for reflection.

The Municipality of Kincardine is committed to meaningful discussion about the legacy of the residential school system, to affirm that #EveryChildMatters matter, and to further commit to reconciliation.

For more information about the work the Municipality of Kincardine is doing, and has done, around Truth and Reconciliation, visit [www.kincardine.ca/en/living-here/journey-to-reconciliation](http://www.kincardine.ca/en/living-here/journey-to-reconciliation).

**Besides wearing orange on September 30<sup>th</sup> ...**

**What can you do to work towards the journey to reconciliation?**



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## What can you do to learn more?

### Ideas for teams

- Purchase orange shirts from an Indigenous organization or wear your own orange shirts or Every Child Matters stickers
- Send a team photo featuring your orange shirts and share your team commitment to action
- Watch a video together and discuss as a team

### Videos

Title	Source	Producer	Length
The Bruce: This three-part series explores the history of Bruce County and the Saugeen/Bruce Peninsula.	Watch <a href="https://www.tv.org/programs/the-bruce">https://www.tv.org/programs/the-bruce</a>	TVO	Three part series – 53 minutes each
Discovering the lives of Indigenous Children today	<a href="#">21 Indigenous children living in communities across Canada</a>	<b>TVO Kids</b>	Various lengths
Indigenous Voices and reconciliation	<a href="#">National Film Board – Indigenous Voices and Reconciliation</a>	National film board	Various lengths
Phyllis Webstad Orange Shirt Day Presentation	Watch on <a href="#">YouTube</a>	Orange Shirt Society	7 minutes
Senator Murray Sinclair: What is Reconciliation?	Watch on <a href="#">YouTube</a>	Truth & Reconciliation Commission	3 minutes
Reconciliation is Dead by Lori Campbell	Watch on <a href="#">YouTube</a>	TEDx KitchenerED	10 minutes
What non-Indigenous Canadians need to know	Watch on <a href="#">YouTube</a>	TVO	5 minutes
Survivor Panel on Missing Children	Watch on <a href="#">YouTube</a>	National Centre for Truth and Reconciliation	2 hours
We Were Children	<a href="#">Rent</a> online	National Film Board	1 hour 23 minutes
The Walk a Mile Film Project	<a href="#">Borrow</a> by mail	CommonWord	1 hour 8 minutes
We can't make the same mistake twice	<a href="#">Stream</a> online	National Film Board	2 hours 43 minutes
ConnectR Video Library	<a href="#">Stream online</a>	Various	Various
Indigenous Film Catalogue (Various films)	<a href="#">Stream online</a>	Various	Various



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- Sign up for a Woodland Cultural Centre [virtual tour](#)
- [Register](#) for [virtual events](#) by the National Centre for Truth & Reconciliation (September 27 to October 1)
- Stream the [discussion panel](#) featuring Bob Watts of the TRC, organized by the Downie Wenjack Fund
- Start a book club and commit to regular group discussions (see resource list)

## **Books**

<b>Title</b>	<b>Author</b>
The Inconvenient Indian: A Curious Account of Native People in North America	Thomas King
Unsettling Canada	Arthur Manuel
The Reconciliation Manifesto: Recovering the Land Rebuilding the Economy	Arthur Manuel
Thinking in Indian: A John Mohawk Reader	John Mohawk
We share our matters	Rick Monture
And Grandma Said...Iroquois Teachings, as passed down through the oral tradition	Tom Porter
Seven Fallen Feathers	Tanya Talaga
Indigenous Writes: A guide to First Nations, Métis & Inuit Issues in Canada	Chelsea Vowel
A reconciliation reading list: 15 must read books	<a href="#">Various</a>
River Woman	Katherena Vermette
In My Own Moccasins	Helen Knott
If I Go Missing	Brianna Jonnie with Nahanni Shingoose
A mind spread out on the ground	Alicia Elliot
Five Little Indians	Michelle Good

## **Ideas for individuals**

- Post a photo, reflection, or commitment on your personal social media sites
- Choose an action to take from the list of [150 Acts of Reconciliation](#)
- [Sign up](#) for the TRC newsletter
- Check out resources provided by local public library (see resource list)
- Share resources at home with family and friends to continue your personal learning.
- Read [Spirit Bear's Guide](#) to the Calls to Action and visit the First Nations Child & Family Caring Society website for [kid-friendly resources](#)
- Learn how to [talk with kids about residential schools](#)



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- Help get youth from kindergarten to grade 12 involved in [Imagine a Canada](#)
- Take a free course - University of Alberta <https://www.coursera.org/learn/indigenous-canada>
- Listen to a podcast or watch a video

### Podcasts

Title	Host/creator	Availability
One Dish One Mic	Sean VanderKlis and Karl Dockstader	<a href="#">Listen live</a>
Residential Schools	Shaneen Robinson-Desjarlais for Historica Britannica	<a href="#">Apple</a> or <a href="#">Spotify</a>
Still Here Still Healing	Jade Roberts	<a href="#">Apple</a> or <a href="#">Spotify</a>
Unreserved	Rosanna Deerchild	<a href="#">CBC Listen</a>
Warrior Life	Pam Palmater	<a href="#">SoundCloud</a>
7 Indigenous-themed podcasts	Various	<a href="#">CBC Listen</a>

### Social media accounts to follow

- Follow Indigenous organizations and leaders on social media

Twitter	Instagram	FaceBook	TikTok (via app only)
<ul style="list-style-type: none"> <li>• <a href="#">Jorge Barrera</a></li> <li>• <a href="#">Cindy Blackstock</a></li> <li>• <a href="#">Sheila Cote-Meek</a></li> <li>• <a href="#">Russ Diabo</a></li> <li>• <a href="#">Haden King</a></li> <li>• <a href="#">Pam Palmater</a></li> <li>• <a href="#">Suzanne Stewart</a></li> <li>• <a href="#">Darren Thomas</a></li> <li>• <a href="#">Eve Tuck</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Woodland Cultural Centre</a></li> <li>• <a href="#">National Centre for Truth &amp; Reconciliation Education Centre</a></li> <li>• <a href="#">CBC Indigenous</a></li> <li>• <a href="#">ConnectR Reconciliation</a></li> <li>• <a href="#">Mississaugas of the Credit FN</a></li> <li>• <a href="#">Pass the Feather Indigenous</a></li> <li>• <a href="#">Nishnawbe Aski Nation</a></li> <li>• <a href="#">She is Indigenous</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Woodland Cultural Centre</a></li> <li>• <a href="#">National Centre for Truth &amp; Reconciliation</a></li> <li>• <a href="#">CBC Indigenous</a></li> <li>• <a href="#">Ontario Federation of Indigenous Friendship Centres</a></li> <li>• <a href="#">The Healing of The Seven Generations</a></li> <li>• <a href="#">Southwest Ontario Aboriginal Health Access Centre</a></li> <li>• <a href="#">White Owl Native Ancestry Association</a></li> <li>• <a href="#">Anishnabeg Outreach</a></li> <li>• <a href="#">KW Urban Native Wigwam Project</a></li> </ul>	<ul style="list-style-type: none"> <li>• Indigenous TikTok @Indigenous.tiktok</li> <li>• Shina Nova @shinanova</li> <li>• Michelle Chubb @indigenous_baddie</li> <li>• James Jones @notoriouscree</li> <li>• Wab Kinew @wabkinew</li> <li>• Pam Palmater @pp2cool</li> <li>• 1752 Treaty Rights Holder @mikmakinews</li> <li>• Kendra Rosychuk @kendrajessie</li> <li>• Lance Tsosie @modern_warrior__</li> <li>• A Tribe Called Red @atribecalledred</li> </ul>



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